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SET C



**INDIAN SCHOOL MUSCAT
FIRST PRELIMINARY EXAMINATION
ENGLISH COMMUNICATIVE**

CLASS: X
09.01.2019

Sub. Code: 101

Time Allotted: 3 Hrs
Max. Marks: 80

General Instructions :

1. The paper is divided into **three section: A, B and C.**

Section A	:	Reading	20 marks
Section B	:	Writing skills and Grammar	30 marks
Section C	:	Literature	30 marks

2. All questions are compulsory.

3. You may attempt any section at a time.

4. All questions of that particular section must be attempted in the correct order.

SECTION – A : READING (20 marks)

1. Read the following passage carefully:

1. We live in an era where it is difficult to miss fast and junk food and the rise in teenage obesity and related health issues due to it.
2. During teenage, weight gain is normal but when it goes beyond control, the person becomes obese. Our body requires energy to function, which is derived from the food we eat but when the intake of food becomes more than the amount that the body requires, the excess energy is stored as body fat.
3. Contemporary lifestyle sees an increasing consumption of junk food, and spending time watching television and playing computer games. Overeating along with lack of physical exercise are the major causes leading to teenage obesity. Large intake of high calorie food and low nutrient food leads to unnecessary weight gain. Besides these, obesity can also be genetically inherited where some people have the genetic tendency to burn calories more slowly compared to others. Stress is also a reason for obesity where people resort to overeating to alleviate their stress.
4. Teenage obesity is growing immensely and has been named an ‘obesity epidemic’. A number of health issues arise out of it like diabetes, high blood pressure and cholesterol, sleeping disorders, hormonal imbalance, and asthma. Along with these, obesity can also result in psychological problems like low self-esteem due to the constant jeering of peers. Obese teens are more prone to being teased and physically bullied compared to others of their same age.
5. Therefore, it is necessary to control excessive weight gain. Inactivity is the major cause of obesity and regular exercise is the best way to control it. Physical exercise like jogging, swimming and playing outdoor games can help to keep fit. A balanced diet with lots of vegetables, fruit and whole grains is also essential. Junk food and soft drinks should be substituted with lots of vegetables, fruits and whole grains in the diet. Drinking around 8-10

glasses of water also helps to reduce the calorie intake.

6. Parents have an important role in controlling teenage obesity as they should try to set examples by following a healthy diet and leading a healthy lifestyle. A combined effort of the parents and kids can help to control this eating disorder.

1.1 On the basis of your understanding of the above passage, answer **any eight** of the questions that follow: 1x8=8

- a) When does a teen become obese?
- b) What has teenage obesity been termed as?
- c) Why do teens become obese?
- d) What are the major causes of obesity?
- e) What are the health issues related to obesity?
- f) How does it affect teens psychologically?
- g) What are the other causes of obesity?
- h) Mention some simple ways to prevent obesity?
- i) In what way can parents help their kids?

2. Read the passage given below :

1. If you think that imagination has nothing to do with reality, you are wrong. The Wright brothers wanted to fly, and people considered them lunatics. Leonardo da Vinci, Thomas Edison and Bill Gates were considered as daydreamers, when actually, they were visualizing and imagining their vision.
2. Whatever they were imagining years ago is now a solid reality. Imagination has much to do with reality. It shapes the way we see our reality, and therefore, affects our expectations and hopes, our actions and behavior. Imagination is like a software that programs our behavior, expectations and actions. This means that we have to be very careful with what we imagine, since what we see in our mind's eye can become our reality.
3. If we imagine bad things, we program our mind accordingly, and sooner or later see, act and behave accordingly, and create what we imagined. This also works the other way. Imagine good things, and this will affect your actions and behavior, which consequently would create in your life what you imagined in your mind. Your reality mirrors what goes on in your mind.
4. If you imagine yourself weak and poor, you will enact this part in your life, but if you imagine yourself powerful and rich, you will eventually become so. Everything starts in the mind. A business starts as a thought and a mental image. You first imagine yourself possessing a certain kind of car, and then you do something to get it.
5. If you wish to lose weight, you start by imagining yourself slim and well-shaped. If this thought is clear and focused, and you allow no doubt, you will sooner or later find the ideas, the information, and the energy to do something about it. If you imagine yourself as an athlete, a teacher or an actor, and repeat this thought in your mind, day after day, this thought will drive you into action, and eventually would turn into reality. This is exactly how successful people become prosperous.
6. Four reasons, why your imagination is creating the events in your life.
 1. When you imagine a certain thing, day after day, gradually, you start thinking about it most of the time. This will drive you instinctively to search for information about it.
 2. Using your imagination to build a mental picture of what you want tells your subconscious mind that you really want it. Consequently, the subconscious mind will supply you the energy to do something about it.
 3. Your thoughts create a mental image of the object, situation or people you are thinking about, and in subtle ways, affect you and your environment.
 4. You, through your imagination, are shaping your life's events. If you tend to worry,

think negatively and expect failure, you are using your imagination in a negative manner. And vice versa, if you imagine and envision progress, promotion and successful results, you will attract opportunities and take action.

2.1 Read the given questions and write the answers in about 30-40 words. **(Any four)** 2x4=8

- a) How are imagination and reality connected?
- b) How has the writer compared imagination with?
- c) How do negative things happen?
- d) According to the writer, how does the process of losing weight start?
- e) Why do successful people become prosperous?

2.2 Complete the following on the basis of the passage: **(Any Two)** 1x2=2

1. When you imagine a certain fact or thing, you gradually start thinking and this will _____.
2. Using your imagination to build a mental picture of your goal, initiates the subconscious mind to _____.
3. The creation of a mental image of people, facts or goals, in subtle ways _____.

2.3 Choose the word which is closest in meaning to the words given below: **(Any Two)** 1x2=2

- | | |
|-------------------|-----------------------------------|
| a) vision | |
| (i) What one sees | (ii) the sense of sight |
| (iii) Dreams | (iv) blinding |
| b) subtle | |
| (i) Cunning | (ii) fine and delicate in meaning |
| (iii) Harsh | (iv) noisy |
| c) tend | |
| (i) Result in | (ii) serve |
| (iii) Nurture | (iv) have a tendency to |

SECTION –B: WRITING AND GRAMMAR (30 Marks)

3. You are Karan/ Kavita, the resident of a busy locality in Delhi. Every day, you have to travel by bus for about forty minutes, to reach your place of work. You are disturbed by the appalling rise in the levels of all kinds of pollution in Delhi. Write a letter to the Editor, The Times of India, New Delhi, expressing your views and observations with an appeal for immediate action. (120-150 words) 8

OR

You are Aparna, Physical Education Teacher of Wisdom Public school, New Delhi. Write a letter to the Sales Manager of Bharat Sports Limited, New Delhi, placing an order for sports articles and other accessories that you wish to purchase for the school. Ask for the permissible discount on the bulk purchase made by you.

4. Complete any one of the following story, with the help of its opening sentences, in about 10 200-250 words.

I hit a six and the ball flew over the wall. It was an old building on the other side of the road. As I went to get the ball, I heard.....

OR

A long wait for the bus..... people impatient...a large crowd....lots of confusion...felt the pocket being touched....looked around....caught the hand....and.....

5. Fill in the blanks by choosing the most appropriate option: (Any four) 1x4=4

At eight o'clock, the librarian politely i) _____ the professor ii) _____ the library iii) _____ for iv) _____ day. Gangadharan Pant emerged v) _____ his thoughts.

Looking around he noticed that he was the only reader left in the hall.

1. a) remind b) reminded c) will remind d) could remind
2. a) that b) whether c) if d) none of the above
3. a) was going to close b) was closing c) had closed d) will be closing
4. a) the b) a c) this d) that
5. a) above b) over c) from d) at

6. The following passage has not been edited. There is an error in each of the lines. Write the incorrect word and the correction in the answer sheet. (Any four) 1x4=4

A curious thing about the developed of motion pictures a) _____
 is that the first groups of people who made it possible b) _____
 were not interested in movies at all! The first invents c) _____
 were make by men who wanted to study the movement d) _____
 of animals. Even Thomas Edison, which perfected a device e) _____
 called kinetoscope in 1893,thought of it only as a curiosity.

7. Read the following conversation and complete the paragraph given below: (Any four) 1x4=4

Rani : I had a wonderful dream last night.

Shalini : What did you see in the dream?

Rani : I have won the trophy of Indian Idol and all the people are cheering for me.

Shalini : I am confident you'll win that trophy.

Rani : How I wish this dream would indeed become a reality.

Rani said that a) _____. Sanjana asked her b) _____. Rani replied that c) _____. At this Sanjana assured Rani that d) _____ to which Rani said e) _____.

SECTION- C : LITERATURE (30 Marks)

8. Read the extract given below and answer the questions that follow. Attempt any four questions: 1x4=4

“O pardon me, thou bleeding piece of earth,
That I am meek and gentle with these butchers!
Thou art the ruins of the noblest man
That ever lived in the tide of times.
Woe to the hand that shed tis costly blood!”

- a) Who is referred to as ‘bleeding piece of earth’?
- b) Name the speaker and in what context are they spoken?
- c) Why does the speaker choose to be meek and gentle?
- d) Justify the statement ‘these butchers’ in the given context.
- e) Why had this ghastly act been committed?

OR

“The doctors were doing all they could but in our hearts we knew we needed a miracle.”

- a) Name the lesson and the author.
- b) Who is the speaker and in what context was it spoken?
- c) What is the ‘miracle’ referred to in this line?
- d) What had happened to Sebastian?
- e) How had the boy been saved? By whom?

9. Answer any four of the questions in 30-40 words each: 2x4=8

- a) Why did the sailors hail the albatross in god’s name?
- b) How according to the poet, will his beloved outlive the monuments and time?
- c) Why did the news of the ‘miracle recovery’ shock Michael?
- d) What had made Helen and her co-ghosts organize, ‘The Writer’s Inspirational Bureau’?
- e) Appearances are deceptive. Discuss with reference to the two boys.

10. Answer **any one** of the two following questions in 100-120 words:

8

It is essential to respect everyone's feelings. Bring out this message with reference to the story, 'The Letter.'

OR

The poet has a dual reaction towards the snake. Why does he experience conflicting emotions? What is the message given to the reader, in this poem?

11. Answer the following questions in 200-250 words:

10

a) Mr. Dussel and Mrs. Van Daan were particularly troublesome to Anne. Elaborate.

OR

How did Ann feel about the laws that restricted the Jews' freedom?

b) Describe Anne Sullivan's role in Helen Keller's life.

OR

Helen was blamed for stealing Miss Canby's 'The Frost Fairies' in her 'The Frost King', the story she sent to Mr. Anagnos, on his birthday. How was she absolved?

End of the Question Paper